

# GRADUATION TRANSITIONS INTERVIEWS



As you prepare for graduation and your Grad Transitions interview, it is important to reflect on what you have learned and to understand how your past experiences influence your future plans. Your interviewer may choose to interview students in a group format or individually. Please be prepared for your interview and to support your classmates by listening respectfully to their interviews, if you are participating in a group interview.

Be prepared to talk about your accomplishments, personal growth, and future plans for 3-5 minutes. You **MUST** bring the following to your interview in a **folder** or **plastic cover**:

- your completed, typed, stapled **Graduation Transition Plan** (available on Central's website)
- One piece of **evidence** to showcase a significant accomplishment and indicate how this learning experience prepared you for a successful transition to life after secondary school. (e.g. an award, a team photo, a scholarship, art work, project)
- an updated **resume**

**Remember that you are required to continue completing DPA logs until June.**

## GRADUATION TRANSITIONS INTERVIEW ASSESSMENT

	REQUIREMENT MET			REQUIREMENT NOT MET
	EXCELLENT	GOOD	SATISFACTORY	DEVELOPING
<b>PROFESSIONAL DEPORTMENT &amp; MANNERS</b>	Greeting, firm handshake, natural and confident eye contact, posture, and body language	Greeting, nervous handshake, some eye contact, lacking some confidence	Greeting, casual, eye contact is minimal	Greeting, casual, eye contact and posture detract from the interview
<b>PREPARATION</b>	Arrives on time and is groomed appropriately for an interview	Arrives on time and is groomed somewhat appropriately	Arrives late and little effort is apparent in grooming	Arrives very late and clothing is inappropriate
<b>VERBAL COMMUNICATION</b>	Vocabulary chosen is clear and thoughts are well expressed	Has some difficulty in clearly expressing ideas	Unprepared and has difficulty expressing ideas	Unprepared and communication is very unclear
<b>REFLECTION</b>	Interview reflects critical thought and synthesis of ideas	Interview reflects some critical thought	Interview is simplistic and little reflection is demonstrated	Interview reveals an absence of reflection

Please prepare as you would for a job interview (**appropriately dressed and groomed; no runners or jeans**) and **remember** to bring all required documents.





## SAMPLE INTERVIEW QUESTIONS

### PERSONAL

- Explain the evidence you have brought with you today and how it demonstrates your personal growth.
- What 3 words best describe you?
- What are some of your strengths and weaknesses?
- Who has been the most positive influence in your life? Why?
- Do you prefer working independently or on a team? Explain.
- Describe an experience where team work was an important aspect.
- What was the toughest problem you've had to face and how did you overcome it?
- What are you most proud of? Why?
- What have you learned from some of the jobs/volunteer positions you have held?
- Describe a difficult school or work situation and how you handled it.

### HIGH SCHOOL YEARS

- Did you enjoy high school? Why or why not?
- Tell us about one of the best experiences you had at Central (class, activity, situation).
- During your high school career, which person influenced you the most?
- If you could change one thing about your high school years, what would it be?
- What different types of community service did you participate in during high school? What have you learned through your community service?
- If you could give advice to an incoming grade 8 student, what would it be?
- What saddens you the most about leaving high school?
- What suggestions would you give teachers or administrators to improve this school?
- Of all the activities available to you during high school, which activity do you regret not having taken part in? Why?
- Do you consider yourself a successful student?
- What motivated you to succeed in school? How could you have been more motivated?

### FUTURE

- Tell us about your future plans.
- Where do you see yourself in five years? Ten?
- How or why did you decide on \_\_\_\_\_ as a future career?
- Do you think that you are ready for life after high school? Why?
- Which is more important to you, the money or the type of job?
- What three qualities do you think are important for the career you are planning?

